



# ***MORTON PARK DISTRICT***

## **Early morning walking 2021-22**

***Looking for a place to walk without getting cold or wet?*** Come to the Recreation Center and walk on the Fieldturf soccer field. The program is open to the public. Participants are asked to wear clean, soft-soled shoes.

No food or drinks of any kind allowed on the soccer field.

- All participants will be **REQUIRED** to sign in (including phone number) at the concession stand.

**November: 1, 3, 5, 8, 10, 12, 15, 17, 19, 22, 24, 29** *(No Walking Nov. 26)*

**December: 1, 3, 6, 8, 10, 13, 15, 17, 20, 22, 27, 29, 31** *(No Walking Dec. 24)*

**January: 3, 5, 7, 10, 12, 14, 17, 19, 21, 24, 26, 28, 31**

**February: 2, 4, 7, 9, 11, 14, 16, 18, 21, 23, 25, 28**

**March: 2, 4, 7, 9, 11, 14, 16, 18, 21, 23, 25, 28, 30**

**April: 1, 4, 6, 8**

Days: Monday, Wednesday, and Friday

Times: 7:30am – 9:00am

Location: Rec Center at 324 Detroit

Cost: FREE

If you have any questions, please call the park office at 263-7429 or stop by the office at 349 W. Birchwood during office hours Monday-Friday from 8:30am-Noon and 1:00-5pm. You may also check us out on the web at [www.mortonparkdistrict.com](http://www.mortonparkdistrict.com).