



MORTON PARK DISTRICT

Early morning walking 2018-19

Looking for a place to walk without getting cold or wet? Come to the Recreation Center and walk on the Fieldturf soccer field. The program is open to the public. Participants are asked to wear clean soft-soled shoes.

No foods or drinks of any kind allowed on the soccer field.

Dates: Walking will continue through the winter months according to the following schedule:

October: 29, 31

November: 2, 5, 7, 9, 12, 14, 16, 19, 21, 26, 28, 30
(No Walking Nov 23)

December: 3, 5, 7, 10, 12, 14, 17, 19, 21
(No Walking Dec. 24, 26, 28, 31)

January: 2, 4, 7, 9, 11, 14, 16, 18, 21, 23, 25, 28, 30

February: 1, 4, 6, 8, 11, 13, 15, 18, 20, 22, 25, 27

March: 1, 4, 6, 8, 11, 13, 15, 18, 20, 22, 25, 27, 29

April: 1, 3, 5, 8, 10, 12

Days: Monday, Wednesday and Friday

Times: 7:00am – 9:00am

Location: Rec Center at 324 Detroit

Cost: FREE

If you should have any questions please call the park office at 263-7429 or stop by the office at 349 W. Birchwood during office hours Monday-Friday from 8:30am-Noon and 1:00-5pm. You may also check us out on the web at www.mortonparkdistrict.com.